

Solarium Special Offer

10 for the price of 9

Whether you're about to go off on holiday, have a special occasion looming, or simply want that sun kissed look all year round, responsible sunbed use is the perfect partner for achieving your goals.

Prices

**Freedom & Choice
Members**

£6.50 per 20 mins
Block of 10: £58.50

Non-members

£8.20 per 20 mins
Block of 10: £73.80

10 minute & 20 minute
beds available

18+

You will be asked to complete a Sunbed Record Card. Please read the information sheet thoroughly to ensure you are suited to solarium use. Minimum age 18yrs

Book a solarium at the BodyZone
Reception or telephone 747237

www.freedomzone.gg



Got the tan, now
get the confidence
to feel great!



*Together we'll reach
your goal!*

Personal Training

Personal Training sessions can:

- ✓ help you to be more effective in your work-outs
- ✓ give you motivation to keep you going and improve your fitness
- ✓ give you extra encouragement to lose those last few pounds
- ✓ offer professional advice
- ✓ make sure that you're using the machines correctly and avoid injury
- ✓ help you hit that specific goal that you want to achieve

www.freedomzone.gg



For further details visit the web or call: 01481 749237