



Teen Circuits

Keep fit, have fun and meet new friends with Teen Circuits. Suitable for all levels the activities include Circuits, Spinning, Boxercise and BodyPump.



Sundays 5pm to 6pm, ages 12 to 16

Freedom £2.80

Choice £3.80

Non-members £5.20

**To book call in at the Centre or contact
reception on: 747200**



www.freedomzone.gg