

# Swimming Timetable March



Date		General Public Swimming Times			Limited Learner pool space	Flumes
Mon	1	7.15am-2pm		7.15pm-10pm	9.15am - 10.30am 1/4 pool	
Tue	2	8am -9.15am	10.45am-2pm 2.45pm-5.45pm*	8.15pm-10pm	10.45am- 11.45am 1/2 pool	
Wed	3	7.15am-3.15pm*		7.15pm-10pm*	9.30am-11.30am 1/2 pool 1.15pm-3.15pm 1/4 pool	
Thu	4	7.15am-9.15am	10.45am-5.45pm*	6.45pm- 10pm**	10.45am-11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Fri	5	8am-9.15am	10.45am-3.15pm*		10.45am- 11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Sat	6	10.15am-4.45pm				2pm- 4.45pm
Sun	7	10.15am-8pm				2pm- 4.45pm
Mon	8	7.15am-8.15am	noon-2pm	7.15pm-10pm	1pm - 2 pm 1/2 pool	
Tue	9	8am-9.15am	10.45am-2pm 2.45pm-5.45pm*	8.15pm-10pm	10.45am-11.45am 1/2 pool	
Wed	10	7.15am-3.15pm*		7.15pm-10pm*	9.30am-11.30am 1/2 pool 1.15pm-3.15pm 1/4 pool	
Thu	11	7.15am-9.15am	10.45am-5.45pm*	6.45pm- 10pm**	10.45am-11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Fri	12	8am-9.15am	10.45am-3.15pm*		10.45am-11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Sat	13	10.15am- 4.45pm*				2pm- 4.45pm
Sun	14	10.15am-8pm				2pm- 4.45pm

\* Limited Space Available at times

\*\* Adults Only

# Swimming Timetable March



Date	General Public Swimming Times			Limited Learner pool space	Flumes
Mon 15	7.15am-2pm*		7.15pm-10pm	9.15am- 10.30am 1/4 pool	
Tue 16	8am-9.15am	10.45am-2pm 2.45pm-5.45pm*	8.15pm-10pm	10.45am-11.45am 1/2 pool	
Wed 17	7.15am-3.15pm*		7.15pm-10pm*	9.30am-11.30am 1/2 pool 1.15pm-3.15pm 1/4 pool	
Thu 18	7.15am-9.15am*	10.45am-5.45pm*	6.45pm-10pm**	10.45am-11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Fri 19	8am-9.15am*	10.45am-3.15pm*		10.45am-11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Sat 20	10.15am-4.45pm*				
Sun 21	10.15am-8pm				2pm-4.45pm
Mon 22	7.15am-2pm*		7.15pm-10pm	9.15am- 10.30am 1/4 pool	
Tue 23	8am-9.15am*	10.45am-2pm* 2.45pm-5.45pm*	8.15pm-10pm	10.45am-11.45am 1/2 pool	
Wed 24	7.15am-3.15pm*		7.15pm-10pm*	9.30am-11.30am 1/2 pool 1.15pm-3.15pm 1/4 pool	
Thu 25	7.15am-9.15am	10.45am-5.45pm*	6.45pm-10pm**	10.45am-11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Fri 26	8am-9.15am	10.45am-3.15pm*		10.45am-11.45am 1/2 pool 1.15pm - 3pm 1/4 pool	
Sat 27	10.15am-4.45pm				2pm-4.45pm
Sun 28	10.15am-8pm				2pm-4.45pm
Mon 29	7.15am-4.45pm*		7.15pm-10pm		
Tue 30	8am-5.45pm*		8.15pm-10pm		
Wed 31	7.15am-4.45pm*		7.15pm-10pm		

Beau Sejour Swim School offer a range of swimming courses for all ages and abilities, in addition to the following casual swimming classes which are held during school term time only.

Mondays	AquaFit	6.15pm-7pm	
Tuesdays	AquaFit	9.15am-10am	10am-10.45am
	Adult Swim Lessons	9.30am-10.30am	
Thursdays	Aquatots	9.30am-10.30am	
	Adult Swim Lessons	9.30am-10.30am	
	Swim Fit sessions	9.30am-10.30am	
Fridays	AquaFit	9.15am-10am	10.15am-11am (Deep water)
	Adult Swim Lessons	9.30am-10.30am	

For full details on all classes and lessons please contact the Swim School on 747240.

