

# Swimming Timetable July



Date		General Public Swimming Times			Learner Pool Exceptions	Flumes
Thu	1	7.15am - 9.15am	12pm-5.45pm*	7.15pm-10pm**	<b>9.30am-10.30am AQUATOTS</b> 10.45am-11.30am 2 lanes only 1.15pm- 3pm 1 lane only 4pm-5.45pm 2 lanes only	
Fri	2	8am-9.15am	10.45am-3.15pm*		10.45am-11.45am 2 lanes only 1.15pm-3.15pm 1 lane only	
Sat	3	10.15am-4.45pm				2pm - 4.45pm
Sun	4	10.15am-8pm*				2pm - 4.45pm
Mon	5	7.15am-3.15pm*		7.15pm-10pm	9.15am-10.30am 2 lanes only 1pm-3.15pm 2 lanes only	
Tue	6	8am-9.15am	10.45am-5.45pm*	8.15pm-10pm	10.45am-11.45am 2 Lanes only 1.15pm-3pm 1 lane only	
Wed	7	7.15am-3.15pm*		7.15pm-10pm*	9.30am-11.30am 2 lanes only 1.15pm-3.15pm 1 lane only	
Thu	8	7.15am-9.15am	10.45am-5.45pm*	7.15pm-10pm**	<b>9.30am-10.30am AQUATOTS</b> 10.45am-11.30am 2 lanes only 1.15pm- 3pm 1 lane only 4pm-5.45pm 2 lanes only	
Fri	9	8am-9.15am	10.45am-3.15pm*		10.45am-11.45am 2 lanes only 1.15pm-3.15pm 1 lane only	
Sat	10	10.15am-4.45pm				2pm - 4.45pm
Sun	11	10.15am-8pm*				2pm - 4.45pm
Mon	12	7.15am-3.15pm*		7.15pm-10pm	9.15am-10.30am 2 lanes only 1pm-3.15pm 2 lanes only	
Tue	13	8am-9.15am*	10.45am-5.45pm*	8.15pm-10pm	10.45am-11.45am 2 Lanes only 1.15pm-3pm 1 lane only	
Wed	14	7.15am-3.15pm*		7.15pm-10pm*	9.30am-11.30am 2 lanes only 1.15pm-3.15pm 1 lane only	
Thu	15	7.15am-9.15am	10.45am-5.45pm*	7.15pm-10pm**	<b>9.30am-10.30am AQUATOTS</b> 10.45am-11.30am 2 lanes only 1.15pm- 3pm 1 lane only 4pm-5.45pm 2 lanes only	
Fri	16	8am-9.15am	10.45am-3.15pm*		10.45am-11.45am 2 lanes only 1.15pm-3.15pm 1 lane only	

\* Limited Space Available at times

\*\* Adults Only

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Sun	18	10.15am-8pm*				2pm - 4.45pm
Mon	19	7.15am-3.15pm*		7.15pm-10pm	9.15am-10.30am 2 lanes only 11.00am - 12pm CLOSED 1pm-3.15pm 2 lanes only	
Tue	20	8am-9.15am	10.45am-10pm*		10.45am-11.45am 2 Lanes only 1.15pm-3pm 1 lane only	
Wed	21	7.15am-3.15pm*		7.15pm-10pm*	9.30am-11.30am 2 lanes only 1.15pm-3.15pm 1 lane only	
Thu	22	7.15am-9.15am	10.45am-5.45pm*	7.15pm-10pm**	<b>9.30am-10.30am AQUATOTS</b> 10.45am-11.30am 2 lanes only 1.15pm- 3pm 1 lane only 4pm-6pm 2 lanes only	
Fri	23	8am-9.15am	10.45am-3.15pm*		10.45am-11.45am 2 lanes only 1.15pm-3.15pm 1 lane only	
Sat	24	10.15am-4.45pm				2pm - 4.45pm
Sun	25	8.15am-8pm				2pm - 4.45pm
Mon	26	7.15am - 4.45pm*		7.15pm-10pm	3pm-3.30pm 2 lanes only	
Tue	27	8am-10pm*				2pm - 4.45pm
Wed	28	7.15am-4.45pm*		7.15pm-10pm		
Thu	29	7.15am-5.45pm*		7.15pm-10pm**	4pm-6pm 2 lanes only	2pm - 4.45pm
Fri	30	8am-3.45pm				
Sat	31	10.15am - 4.45pm				2pm - 4.45pm

Beau Sejour Swim School offer a range of swimming courses for all ages and abilities, in addition to the following casual swimming classes which are held during school term time only.

Mondays	AquaFit	6.15pm-7pm	
Tuesdays	AquaFit	9.15am-10am	10am-10.45am
	Adult Swim Lessons	9.30am-10.30am	
Thursdays	Aquatots	9.30am-10.30am	
	Adult Swim Lessons	9.30am-10.30am	
	Swim Fit sessions	9.30am-10.30am	
	AquaFit	7.15pm-8.00pm	
Fridays	AquaFit	9.15am-10am	10.15am-11am (Deep water)
	Adult Swim Lessons	9.30am-10.30am	

For full details on all classes and lessons please contact the Swim School on 747240.

