

Snowfit Courses

**Saturdays 5-6pm
7 November - 20 March**



Make the most of your ski-ing or snowboarding holiday by improving your leg strength, stamina and flexibility in these weekly courses taken by Pam our qualified Fitness Instructor.

Cost

£3.20 Freedom members

£4.50 Members

£5.90 Non-members

Minimum age 14yrs

**Call 747237 or 747200 to book
or see Reception for more details**

