



Supported by



Take the plunge with Beau Sejour Swim School!

We believe that swimming is a life skill that everyone should have! The ability to swim well is one of the most valuable skills you can acquire. Not only can it be a life saver in an emergency but it is also great fun and an excellent way to keep fit.

Beau Sejour Swim School is currently the only Aquamark/Swim 21 accredited swimming lesson provider in the Channel Islands. (*Aquamark/Swim21 is the Amateur Swimming Association's quality mark. It recognises that the Swim School provides the best possible swimming tuition at all levels*)

The Swim School's team of ASA qualified teachers have a wealth of experience in teaching swimming and are passionate about the sport.

Courses are provided as follows:

- ✓ Adult and Child
- ✓ Pre-School
- ✓ After School
- ✓ Rookie Lifesaving
- ✓ Adult Learn to Swim
- ✓ Adult Stroke Technique

Casual day time sessions are offered as follows: *(No need to advance book)*

- ✓ Aquatots
- ✓ Adults – all standards
- ✓ Aquafit

For details about all the sessions provided please contact the Swim School. Tel: 747240

Learn and develop the skill of swimming and discover a whole new world of aquatics

