



# Play

14th to 16th May 2010

## RACKETBALL FOR ALL

A GSRA event supported by 'England Squash & Racketball' delivering an array of activities including:

- 'taster sessions' for new players of all ages and abilities
- a 'tournament' for experienced players
- a 'fun tournament' for those who merely wish to enjoy playing racketball and
- having a good aerobic workout!

Entry to all events is FREE of charge.

Please contact Mick Mahy for details 07911 720235

[www.englishsquashandracketball.com](http://www.englishsquashandracketball.com)

# GSRA

## GUERNSEY SQUASH & RACKETBALL ASSOCIATION

# 'RACKETBALL FOR ALL'

an event supported by



to celebrate the launch of Racketball in Guernsey including: free **'taster sessions'** for new players, a **'tournament'** for experienced players and a **'fun tournament'** for those who merely want to enjoy Racketball ... and have a great aerobic workout!

**FRIDAY 14<sup>th</sup> – SUNDAY 16<sup>th</sup> May 2010**

@

**Beau Sejour Centre**

**ENTRY CLOSING DATE:  
Friday, 7<sup>th</sup> May 2010**

### **ENTRY FORM**

ENTRY FEE: Free

TOURNAMENT ORGANISER: MICK MAHY

E\_MAIL: [mickandcollette@cwgsy.net](mailto:mickandcollette@cwgsy.net)

TEL: 07911720235

Name:	Male/Female/Junior-U16
Address:	
Daytime Telephone No:	
Mobile No:	
E-mail Address:	

Please circle the event in which you would like to participate (please check time on schedule attached):

'Taster Session'

'Tournament'

'Fun Tournament'

Address: The Guernsey Squash & Racketball Association,  
The Coach House, Beau Sejour Centre, Amherst, St Peter Port, Guernsey, GY1 2DL

# GSRA – RACKETBALL LAUNCH

**‘RACKETBALL FOR ALL’** ... Same Court – New Sport – Racketball

## **Racketball:**

- is a new sport in Guernsey
- it is easy to learn
- and is great fun to play
- has a BIGGER BALL (than squash)
- has a BIGGER RACKET head size (than squash)
- but is played on the same court
- it is a great aerobic workout for young and old
- anyone can play RACKETBALL

The GSRA (Guernsey Squash & Racketball Association) is celebrating the launch of RACKETBALL in Guernsey by holding a **‘RACKETBALL FOR ALL’** event at the ‘Beau Sejour Centre’ during the weekend commencing Friday 14<sup>th</sup> May 2010 (schedule attached).

We would like to provide the opportunity for people who may have an interest in RACKETBALL to participate in this event (entry form attached).

We particularly would like to encourage a wide range of people to participate, especially those who would not normally participate in sport, or feel they do not have a natural ability for racket sports.

‘England Squash & Racketball’ will be coming over to Guernsey that weekend to support the launch and work with Ben Rosec, GSRA - Director of Squash & Racketball and Mick Mahy, GSRA – Racketball Coach.

Numbers will be limited over the launch weekend, nevertheless, those who are unable to participate during the launch will be given the opportunity to have ‘taster’ sessions in the following weeks.

Please contact: Mick Mahy e-mail: [mickandcollette@cwgsy.net](mailto:mickandcollette@cwgsy.net) Tel: 07911720235

Regards

**Ben Rosec**  
**Director Squash & Racketball - GSRA**  
**Tel: 07781 129511**  
**e-mail: [ben@guernseysquash.com](mailto:ben@guernseysquash.com)**  
**Website: [www.guernseysquash.com](http://www.guernseysquash.com)**

**GSRA - RACKETBALL LAUNCH**  
**14<sup>th</sup> to 16<sup>th</sup> May 2010**  
**at Beau Sejour**

**Schedule of activities**

**Friday 14/05/10**

- 3.30pm to 5.40pm      Primary Schools – ES&R racketball taster sessions
- 5.40pm to 7.00pm      Secondary Schools – ES&R racketball taster sessions
- 7.15pm for 7.45pm      GSRA - 'Annual Presentation Dinner' at the 'Oatlands Courtyard Brasserie'

**Saturday 15/05/10**

- 9.00am to 11.00am      Children/adults with special needs (accompanied by a supervising adult) – ES&R racketball taster sessions
- 10.00am to 12.00pm      Men's/Ladies including O50's – ES&R racketball taster sessions
- 12.00pm to 1.00pm      Lunch break
- 1.00pm to 4.00pm      Men's/Ladies/Juniors racketball tournament
- 4.00pm to 6.00pm      Racketball exhibition match between Tim Vail (ES&R) and & Mick Mahy (GSRA) followed by a 'Pro-Am' challenge for aspiring players
- 7.00pm onwards      Dinner - GSRA to host ES&R representatives

**Sunday 16/05/10**

- 10am to 1.00pm      Racketball course for qualified squash coaches to be run by Tim Vail (ES&R)
- 1.00pm to 2.00pm      Lunch break
- 2.00pm to 4.00pm      Racketball fun tournament for juniors and seniors run by Matt Burnett (ES&R)