



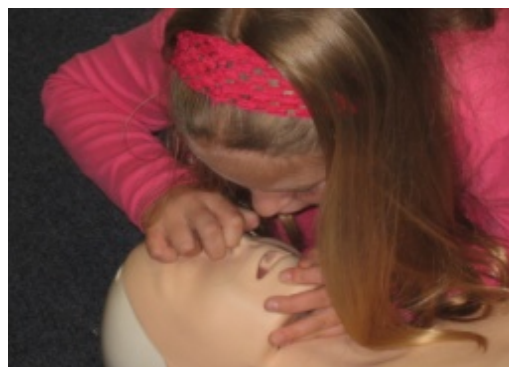
Supported by



# ROOKIE LIFEGUARD COURSES

Confident swimmers aged 8 years +

The Rookie Lifeguard programme has been developed by the Royal Lifesaving Society in conjunction with the Amateur Swimming Association and the National Plan for the Teaching of Swimming.



**CHILDREN LEARN VALUABLE LIFESAVING SKILLS BOTH IN AND OUT OF THE WATER**

*For more information and application forms please contact the Swim School on 747240.*

Accredited by the ASA as a Premier scheme for swimming programmes

